

Rowans

the high street kitchen

Coffees

	small	large		single	double
Flat White	1.95p	2.35p	Espresso	1.95p	2.35p
Americano	1.95p	2.35p	Macchiato	1.95p	2.35p
Cappuccino	2.20p	2.50p			
Latte	2.50p		Extras		0.60p
Mocha	2.30p	2.70p	add cream, shot of coffee, decaf, milk alternatives		
Mocha Flake	2.50p	2.90p	add a syrup, caramel, hazelnut or vanilla		

Frappuccino

	small	large
Coffee, Vanilla or Mocha	3.65p	3.95p

Coffee Twists

Irish Coffee	espresso, irish whiskey, cream	4.95p
Floater Coffee	espresso, double cream	2.95p

Hot Drinks

	small	large		small	large
Tea	1.00p	1.50p	Fresh Mint Tea	-----	2.50p
Honey Lemon, Ginger Tea	-----	2.50p	Herbal Tea	-----	2.50p
Lemon Tea	-----	1.80p	Hot Chocolate	2.55p	2.95p

Cold Drinks

Milkshakes	strawberry, chocolate, vanilla or banana	2.95p	3.75p
Gourmet Shakes	choose from Oreo, Banana & Peanut Butter or any chocolate banana	3.65p	3.95p
Still or Sparkling Water		1.40p	
Fizzy Cans, Cartons, or Fruit Shoots		1.30p	
Fizzy Bottles		1.95p	

Smoothies

	small	large	
Rowans Roughage	milk, oats, granola, bananas, honey, cinnamon, & mixed seeds	2.95p	3.75p
Morning Start-Up	strawberries, raspberries, blueberries, bananas & apples	2.95p	3.75p
Rowans Fruit Smoothie	bananas, apples, pineapples & mangoes	2.95p	3.75p
Tropical Bliss	apples, mangoes, strawberries & bananas	2.95p	3.75p
Sunshine Smoothie	apples, pineapples & vanilla ice cream	2.95p	3.75p
The Green Giant	avocado, parsley, fresh mint, spinach, apple, orange & pineapple	3.45p	3.95p

Freshly Pressed Juices

	small	large	
Orange, Apple or Carrot	2.95p	3.75p	
Detox Juice	apples, carrots & ginger	2.95p	3.75p
Minty Ginger Granny Smith	apples, ginger, mint & lemons	2.95p	3.75p
Popeye 5 A Day	spinach, apples, oranges, lemons & ginger	3.45p	3.95p
Beet It	beetroot, apples, carrots, ginger & fresh mint	3.45p	3.95p
Create Your Own Juice	any fruits, vegetables or herbs which are available	3.45p	3.95p

Alcohol

	small	large	bottle
Bottled Beers			4.25p
House Red/White/Rose Wine	4.45p	4.95p	14.95p
Spirits	3.95p	4.95p	